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Center for Continuing and Outreach Education
65 Bergen Street • Suite 1218 • Newark, NJ 07107



CME/CE Accredited Live Activity

Innovative Updates for Managing Challenging Pediatric Diseases and Conditions: Dinner with the Experts

Wednesday, November 19, 2025 • 5:00 pm – 8:00 pm

To Register: <https://rutgers.cloud-cme.com/25RUPedsSymposium>



Innovative Updates for Managing Challenging Pediatric Diseases and Conditions: Dinner Symposium with the Experts

CME/CE Accredited Live Activity

Wednesday, November 19, 2025

5:00 pm – 8:00 pm

LOCATION:

Rutgers Club
85 Avenue E, 2nd Floor
Piscataway, NJ 08854

PROVIDED BY:

Rutgers Health
Rutgers Robert Wood Johnson Medical School
Department of Pediatrics

in collaboration with

RWJBarnabas Health Children's Health Network

R | **RUTGERS HEALTH**
Robert Wood Johnson
Medical School

RWJBarnabas
HEALTH
Children's Health

Overview

A wide range of diseases and conditions that affect children and adolescents cause significant mortality and morbidity. Clinicians are challenged on a daily basis to identify, diagnose and treat these pediatric diseases and conditions, as well as to refer when necessary. In addition to the significant morbidity and mortality that can occur without proper diagnosis and treatment, health care costs can be increased due to unnecessary testing and improper referral.

This activity will highlight the latest diagnostic techniques and management strategies that impact the care of patients with complex pediatric disorders. The latest clinical research findings and their application to clinical practice will also be presented.

Armed with the information from this activity, clinicians will be able to make timely diagnostic, treatment and referral decisions in the context of patient choice and the resources within their communities. In addition, providers will be able to prepare patients and their caretakers for what to expect from recommended testing, consultations and treatment plans.

Target Audience

This activity is designed for primary healthcare providers involved in the diagnosis, evaluation, management, and treatment of patients with pediatric disorders; this includes, but is not limited to, pediatricians, family practice physicians, physician associates, nurse practitioners, registered nurses, residents and fellows.

Learning Objectives

Upon completion of this activity, participants should be better able to:

- Recognize challenging childhood conditions presented in the pediatric practice setting
- Assess current practice guidelines managing complex pediatric health concerns
- Identify effective strategies for diagnosing and managing challenging clinical problems in practice
- Review recent advances in biomedical and behavioral sciences that will impact the medical care of children
- Recognize the pathologies for specific medical conditions that may require consultation and/or evaluation by a specialist

Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 2.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is awarded 2.25 ANCC contact hours. Nurses should only claim those contact hours actually spent participating in the activity.

Physician Associates

NCCPA accepts certificates of participation for educational activities approved for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME.

American Board of Pediatrics' MOC Points



Successful completion of this CME activity, which includes participation in the activity, enables the learner to earn up to 2.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected check in at the registration desk, attend the program and complete an online evaluation at the conclusion of the activity. A CE certificate will be emailed to participants upon completion of the online evaluation.

Activity Director

Benjamin J. Lentzner, MD

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Director, Pediatric Cardiology Elective
Director, Division of Pediatric Cardiology Education
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Bristol Myers Squibb Children's Hospital
RWJBarnabas Health
System Director of Pediatric Surgery
RWJBarnabas Health

Cindy Wassef, MD, MBA

Dermatologist
Premier Health Associates
Randolph, NJ

Program Agenda

5:00 pm Registration/Dinner/Exhibits

5:25 pm Welcome and Introduction
Benjamin J. Lentzner, MD

5:30 pm **Recognition of Physical and Mental Health Co-Morbidities of Autism Spectrum Disorder (ASD): The Whole Person Approach**
Anna Malia Beckwith, MD

6:05 pm **Pitfalls of Immunosuppressant Therapy in Kids**
Vikas R. Dharnidharka, MD, MPH

6:40 pm Break/Coffee and Dessert/Exhibits

6:50 pm **Pediatric Skin Conditions That Can Indicate an Underlying Systemic Disease**
Cindy Wassef, MD, MBA

7:25 pm **Updates in the Treatment of Pectus Excavatum**
Steven Stylianos, MD

8:00 pm Adjourn



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General Information

Registration Fees	
Healthcare Professional	\$25
Resident/Fellow/Healthcare Student*	Complimentary

** Registration must be accompanied by program director's letter confirming resident/fellow/student status.
Please upload your letter when registering or email to ccoe@rbhs.rutgers.edu.*

The non-refundable registration fee includes dinner, continuing education credits and course material. Registration can only be accepted through our secure online website through November 17, 2025. Registration will not be confirmed until payment is received. If payment is not received in time for the activity, Rutgers reserves the right to cancel the registration.

Pre-registration is recommended. On-site registration will be accommodated on a space available basis.

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Course Material

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available online to registered attendees. Additional information will be provided in future confirmation communications.

Confirmation

Once registered, you will receive an email confirmation. As the activity date approaches, you will receive additional information to assist you with your plans to participate in this activity.

Location

Rutgers Club
85 Avenue E, 2nd Floor
Piscataway, NJ 08854

Complimentary parking is available at the Rutgers Club.
Participants will receive additional information in their confirmation materials.

For Additional Information

For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact Rutgers Center for Continuing and Outreach Education by email at ccoe@rbhs.rutgers.edu.
Rutgers reserves the right to modify program content, faculty and program activities and reserves the right to cancel the activity, if necessary. If the activity is cancelled, liability is limited to the registration fee.